

**NORTH TONAWANDA
SENIOR CITIZEN CENTER**
110 Goundry St. NT NY 14120
Telephone: 716-695-8582

JUNE 2025

Pamela A. Hogan M.S.
Recreation & Senior Coordinator

www.NTParksrec.com

FATHER'S DAY JAZZ & CHICKEN BBQ

THE BAR ROOM BUZZARDS



On Friday, June 6th we will be celebrating Father's Day.

You will enjoy the Bar Room Buzzards at 2pm then enjoy a BBQ chicken dinner following. You can buy your tickets for \$10 which includes BBQ chicken, mac salad beans and a piece of cake, coffee or tea & wine. You are welcome to bring your own spirits to enjoy. Limited to 50 people. Tickets will not sold after June 1st.

CRAFT CORNER

Enjoy making a "gnome" with Cheryl Baird! Please call to reserve your place on Friday, June 27th at 9am. We have 20 spots available.



All you need to bring is 2 **colorful** socks and one bag of beans! Call to register today! Space is limited! Feel free to make your socks red, white and blue, for the **Buffalo Bills** or **Patriotic** for the up coming 4th of July!

NIAGARA COUNTY INFORMATION & REFFERAL

A representative from the Niagara County Office for Aging will be at our center the first Monday of every month from 10am-1pm to help with any forms, information or any questions regarding county services or referrals needed

MINI GROCERY SHOPPING- Chrystal Manzare

The mini grocery program takes place every Wednesday. You can be transported to Tops, Market in the Square or Walmart in NT. To make or cancel an appointment please call the office at 716-695-8582. There is a \$2 fee for this service.

This service is available to NT residents only. We have very limited space. You must call in advance. Please be patient for your ride there is a 15 minute window

VETERAN SERVICES- Doug Kolata

Niagara County Veterans Service representative will be at our senior center on Tuesday, June 10th from 9am—3pm. to assist any Veteran. Walk ins are welcome, but we do recommend prior appointments by calling 716-695-8582.

Doug is able to help with several benefits such as service connected disability compensation, widow dependent pension, education bill, remote access claim tracking & the submission process

ATTORNEY- Gary Billingsley

The Office for the Aging has a legal assistance program for anyone 60 & over living in Niagara County. The next time the attorney will be at our center is Wednesday, June 25th. Please call 716-695-8582 for an appointment.

If you are interested in contributing toward the costs of legal services provided to you, the suggested contribution rate is \$20 per consultation. No one will be denied service if they can not contribute.

TRAVELING WITH JEAN MARSHALL

The next Travel Club meeting will be Wednesday, June 11th at 1:00pm. The center will provide coffee and tea. Any questions call Jean at 214-693-8050 or email jeanmarshall39@yahoo.com. Please note the time change of the meeting!!

June Trip: A Frank Sinatra Tribute– June 26th

8:30am-4:40pm-Enjoy the favorite songs of Frank Sinatra as well as those made famous by Bobby, Darin, Tony Bennett, Dean Martin and many others. A stop at Millers Bulk Foods, bakery and greenhouse as well as lunch at the Village House Restaurant is included.—\$105.00

July trip– July 22nd– Daredevils of Niagara– 10:15 am-3:45pm-

We're off to Seneca Niagara Casino for a comedic filled with history and humor. This presentation has you experience the comic, courageous, and sometimes crazy stories of people who've challenged the Niagara. Your stand-up host, Joel Dombrowski guides you to the "funny side" of the Falls revealing 300 years of history, humor and compelling stories of daredevils and tightrope walkers. What did they find when they turned off the Falls in 1969? And did an "ark" of animals really go over the Falls? Find out the answers during this laugh filled presentation.

Joel Dombrowski, author of Moon Niagara Falls, owner of Buffalo History Tours and Double Decker Bus Tours is surly entertaining with his truly funny spirit. Before the event, spend time at your leisure gaming at SENECA NIAGARA CASINO—\$74.00

August Trip: August 28th Murder Mystery on the Canandaigua Lady. 7:30am-5:30pm

Following a visit to the Gonandagan State Historical Site where we will witness the reenactment of the 1669 arrival of French explorer LaSalle at the town of Gonandagan. Visit the Iroquois and Colonial people dressed in authentic 17th century clothing and experience a lesson in wampum making. Then join the Rochester Mystery Co. for some mystery, mayhem & murder.

Throw in some jealousy, jilted lovers, deadly secrets and plenty of intrigue for a cat and mouse as you search for a killer onboard the boat while cruising on the beautiful Canandaigua Lake. Enjoy a BBQ chicken or vegetarian entrée. \$154.50

September trip– September 23rd– Ohio Sweetest Corner– 8:30am-8pm

Travel to Ashtabula, Ohio to the lift bridge at Harbor and enjoy coffee and a muffin. Then proceed to the Solem Gulf Covered Bridge before wine tasting and lunch at Ferrente Winery and Ristorante. Then it's off to Better in Bulk for some shopping, and Robinson Apple Barn for a seasonal treat—\$147

GENERAL MEMBERSHIP MEETING

The next General Membership meeting will be held on Wednesday, June 25th at 1pm. Please come and support your senior center.

SUMMER SPECIAL!!

Its Our Summer Picnic- 7-23-25



President & Picnic Chairman– Mike Woolford has quite an afternoon & evening planned for you! So come on down and break out those dancing shoes! Your \$30 ticket will fill your belly with grill hot dogs, hamburgers, Italian sausage, peppers & onions, Macaroni salad, chef salad and ice cream for dessert. The food will be grilled and catered by Mr. & Mrs Catering from 3-5pm.

The general membership is also provided a limited amount of canned beer, wine and soda. A 50/50 and door prizes will also be available. Live music by the Hastings Duo. 5-7pm. Tickets- \$30 members- \$35 non members.



SENIOR SOCIABLE BINGO

We play Bingo every Thursday afternoon at 1:30pm. The cost for Bingo is \$1 for 2 boards. We serve coffee, tea and a SNACK. We play 18 games. There are prizes for each game. Please sign in at the main table. Thank you.



Thank you to our volunteers:

Volunteers: Joanne Catipovic, Gerry Phelps, Beth Feenin, Carol McMeekin, Norma Kitzmiller, Kim Piorkowski, Sharon Beeman. Charlie Marranca, Ginny Keleher, Leslie Trunzo & Rhonda Holka

*** WE NEED MORE CALLERS!!**

GAME NIGHT-Mary Lee Karre

The center will be open from 6-8:30pm every Wednesday night. Any Senior member is welcome to come and play any card game or board game! Coffee and tea will be available for 25 cents. Please be sure to sign in when you enter.

MAHJONG—Mary Lee Karre

Any senior is welcome to play on Tuesday afternoons at 1pm in the craft room. New seniors are welcome

EUCHRE-Cheri N. Koepsell

Any senior is welcome to play Euchre on Fridays at 1:00 pm. Everyone needs to bring \$2 for the game. Coffee & tea will be made available for 25 cents.

PINOCHLE—John Enright

Any senior is welcome to play Pinochle on Tuesdays at 1:00 pm. Please bring \$2.00 for the game. Coffee and tea will be made available for 25 cents.

EURCHRE TOURNEMENT- Pam Beutel

Every Monday afternoon at 1pm. The cost is \$10 per person. Come join have fun and bring a senior friend. Coffee and tea are available for 25 cents per cup.

COUNTY NUTRITION– Sharon Lewis

Niagara County offers a part time lunch program at the center at 11:45am Monday, Wednesday, Thursday & Fridays. The suggested donation for a lunch is \$3.25. One week notice is now required. Roundtrip transportation is also available. Please call the main office at 716-438-4031 for making or canceling a reservation

SNAP-ED—NUTRITIONAL & COOKING

Wednesday, June 25th —9am-10am

Free nutrition & physical activity workshops. We will discuss how to Eat Smart & Live Strong. Add more fruits & vegetables into your day. Find ways to add physical activity to your day. Develop healthy lifestyle habits. Please call the office at 716-695-8582 to register

TAI CHI– Manuela Ceglinski

Tai Chi will be practicing only for the months of June, July and August. These practices will take place every Tuesday & Thursday at 10am. All participants must sign a city liability waiver prior to taking this class. .

NT SENIOR FITNESS **Judy DeVantier**

NT Senior Fitness is an exercise program offered by The NT Senior Center. This program is free to any senior. The program uses stretch and a strengthening routine to improve overall muscle tone & balance.

This program will take place every Monday & Wednesday at 10 am. If you have an exercise band, a small ball & one pound weight bring it with you to class. Anyone participating in this class must sign a city waiver/liability

RED HAT LADY BUGS- Joan Dirmyer

The next Lady Bugs gathering is Wednesday, June 4th. If you have any questions please call Joan at 716-694-5132. We are always looking for new members and new ideas.

SENIOR COMPUTER LAB

The center has 3 computers for our senior members to use at their leisure. There also is internet access. The computers are located in the billiard room on the back counter. If you need help just ask anyone in the office.

SENIOR UPDATES

New Members: John VanDen-Bosch, Christine Reichmuth, Margaret Hooley, Joyce Huffman, Jeanne Bogdan, Barbara Jacobi, Shirley Romel Cedric Currie, Dennis Demmin, Deborah Miosi, Janet DeGraffenried and Lori Walnock

Deceased: Peter Kojum

CENTER ANNUAL DUES

The office is open Monday-Friday 8:30am - 4:30pm. The public is welcome to walk in and pay their dues or you can mail them to the office. The dues are \$5.00 per year. Please mail your check to 110 Goundry Street North Tonawanda. Please make checks payable to the N T Senior Center. You can also pay online at [www. NTParksrec.com](http://www.NTParksrec.com) with a major credit card

SUNSHINE CLUB -Sharon Lewis

Hear of someone ill or injured? Please let the office or Sharon know so she can send out a card promptly. Donations of cards or stamps are always appreciated

OUR MEAT & BASKET RAFFLE WILL BE TAKING PLACE ON SATURDAY, SEPTEMBER 6TH! TICKETS WILL GO ON SALE IN JULY. PLEASE WATCH OUR NEWS-LETTER FOR DETAILS!



EASY LISTENING CONCERTS

Presented by Pioneer Printers

Thursday Evenings— 7-8:30pm
Raymond Klimek Veterans Park Bandshell
700 River Road N. Tonawanda
Bring a chair or blanket

6/19 **Crash Cadillac**— Playing a mix of disco, classic rock and oldies favorites.

6/26 **Kathy Carr & My Cousin Tone**— Playing easy listening hits from the Great American Songbook featuring popular songs and jazz standards.

7/3 **Vinyl 6**— Playing music hits of the 70's & 80's along with one hit wonders!

7/10 **The Formula Band**- Performing Italian-American hits.

7/17 No Concert -(Canal Fest)

7/24 **23 Skidoo**— Five piece old-time swing band featuring music from the roaring 20's

7/31 **Buffalo Silver Band**— Performing "The Beatles and Beyond" - Classics from the Beatles and Rolling Stones, Moody Blues, Petula Clark... and the Muppets!

8/7 **Bob Meier and the Hitmen Horn**-17 piece big band with the area's top musicians put a "big band" twist on your classic favorites.

8/14 **Buffalo Jazz & Swing**—13 piece jazz and swing band performing a wide variety of popular hits from the 30's to current day favorites. Music of Sinatra, Bublé, and more!

8/21 **Special Delivery**— Performing a mix of polkas, oldies and swing hits



JUNE 2025

Monday	Wednesday	Thursday	Friday
2. Sweet & Sour Pork with fortune cookie Seasoned brown rice Stir fry vegetable blend Wheat bread pineapple	4. Homemade mac & cheese casserole Stewed tomatoes Muffin banana	5. Roast pork with gravy Garlic mashed potatoes Seasoned peas Rye bread Cinnamon applesauce	6. Turkey and grape salad Sandwich Tomato Florentine soup with crackers Broccoli salad 2 slices wheat bread apricots
9. Julienne salad with ham, blue cheese crumbles and croutons Italian pasta salad Muffin Tropical fruit cup	11. Father's Day Meal Hot roast beef sandwich Baked potato with sour cream Candied carrots Egg washed roll Tuxedo brownie	12. Au Gratin potatoes Seasoned cauliflower Wheat dinner roll Fruited gelatin Whipped topping	13. Ham and Swiss cheese Sandwich with lettuce, tomato, onion Two-type potato salad Fresh spinach salad 2 slices wheat bread tangerines
16. Breaded chicken patty Sandwich with lettuce, tomato onion Macaroni salad Seasoned brussels sprouts Wheat hamburger bun Sliced peaches	18. BBQ pulled pork sandwich With pickle spear Potato salad Coleslaw Wheat hamburger bun Mandarin oranges	19. Chicken salad sandwich w/ lettuce, tomato, onion Hearty vegetable soup with crackers, Caesar salad, 2 slices wheat bread, fresh orange	20. Swedish meatballs over Egg noodles California vegetable blend, biscuit Mandarin orange delight
23. Mushroom Swiss burger w/ lettuce, tomato, onion Sweet potato wedges Garden salad Wheat hamburger bun Fresh grapes	25, Tuna Salad Sandwich with lettuce, tomato, onion Chicken cannelloni soup with crackers Marinated vegetable salad 2 slices wheat bread Deluxe fruit cup	26. Meatball sub with tomato sauce & mozzarella Tri-color pasta salad Garlic spinach w/ tomatoes Wheat hot do bun pineapple	27. Greek seasoned chicken breast with feta cheese Greek seasoned rice Seasoned broccoli and cauliflower 1/2 pita Fruited gelatin Whipped topping
30. Bone in pork chop Baked sweet potato Confetti corn Wheat bread Apple sauce			

JUNE 2025


MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2.</p> <p>10:00 NT Senior Fitness 11:45 Nutrition 1:00 Euchre Tournament Billiards available</p>	<p>3.</p> <p>10:00 Tai Chi 1:00 Pinochle 1:00 Mahjong Computers available Billiards available</p>	<p>4.</p> <p>Grocery Shopping 10:00 NT Senior Fitness 11:45 Nutrition 1:00 Red Hatters Computers available Billiards 6-8:30– Game Night</p>	<p>5.</p> <p>10:00 Tai Chi 11:45 Nutrition 1:30 Bingo Billiards</p>	<p>6</p> <p>11:45 Nutrition</p>  <p>FATHER'S DAY SPECIAL EVENT</p> <p>2:00– Ballroom Buzzards 3:00 Chicken BBQ- \$10 Pre-paid—tickets-only</p>
<p>9.</p> <p>10-1pm– Niagara County Information & Referral 10:00 NT Senior Fitness 11:45 Nutrition 1:00 Euchre Tournament</p>	<p>10.</p> <p>9-3 Veterans Assistance 10:00 Tai Chi 1:00 Pinochle 1:00 Mahjong Computer s available Billiards</p>	<p>11.</p> <p>Grocery Shopping 10:00 NT Senior Fitness 11:45 Nutrition 1:00 Travel Club Computers available Billiards 6-8:30– Game Night</p>	<p>12.</p> <p>10:00 Tai Chi 11:45 Nutrition 1:30 Bingo Computers available Billiards</p>	<p>13.</p> <p>Computers available Billiards 11:45 Nutrition 1:00 Euchre 1:00 Rummikub</p>
<p>16.</p> <p>10:00 NT Senior Fitness 11:45 Nutrition 1:00 Euchre Tournament Computer available Billiards available</p>	<p>17.</p> <p>10:00 Tai Chi 1:00 Pinochle 1:00 Mahjong Computer available Billiards available</p>	<p>18.</p> <p>Grocery Shopping 10:00 NT Senior Fitness 11:45 Nutrition 6-8:30– Game Night</p>	<p>19.</p> <p>10:00 Tai Chi 11:45 Nutrition 1:30 Bingo Computer Billiards</p>	<p>20.</p> <p>Computer available Billiards 11:45 Nutrition 1:00 Euchre 1:00 Rummikub</p>
<p>23.</p> <p>10:00 NT Senior Fitness 11:45 Nutrition 1:00 Euchre Tournament Computers available Billiards</p>	<p>24.</p> <p>10:00 Tai Chi 1:00 Pinochle 1:00 Mahjong Computers available Billiards</p>	<p>25.</p> <p>Grocery Shopping Attorney– by appt only 10:00 NT Senior Fitness 11:45 Nutrition 1:00 General Mtg Computers available Billiards 6-8:30– Game Night</p>	<p>26.</p> <p>10:00 Tai Chi 11:45 Nutrition 1:30 Bingo Computer Billiards</p>	<p>27.</p> <p>GNOME MAKING Pre-registration required 11:45 Nutrition 1:00 Euchre 1:00 Rummikub</p>
<p>30</p> <p>10:00 NT Senior Fitness 11:45 Nutrition 1:00 Euchre Tournament Computer available Billiards</p>				